**Jack and Jill**

**Jacksnipes & Jackrabbits £1.50**

**Jackals £1.00**

A selection of

Fruit & Vegetables

A selection of

Healthy **carbohydrates**

**Childcare Facilities**

**DAILY**

**TEA**

**MENU**

(Check allergens daily where necessary)

A selection of

Healthy proteins & **fats**

Water

And/ Or

**Milk**

Or

Oat milk

**(1 glass of milk/oat milk per person)**