**Jack and Jill**

**Week 7**

**Monday**

Apple & banana sticks

**Tuesday**

Houmous & cucumber sticks

**Wednesday**

**Hard-boiled egg & breadsticks**

**Thursday**

**Cheese** & apricot halves

**Friday**

**Wholegrain toast** with butter

**Week 5**

**Monday**

Rice cake & **yoghurt “pips”**

**(frozen Greek yoghurt)**

**Tuesday**

Carrot & **celery sticks**

**Wednesday**

**Egg Mayo & wholemeal pitta**

**Thursday**

**Cream cheese** & apple sticks

**Friday**

Houmous & **breadsticks**

**Childcare Facilities**

Water

And/ Or

**Milk**

Or

Oat milk

Offered at every **SNACKTIME**

**(Snack for 12months + ONLY)**

**(Under 12m BABY MILK ONLY- if needed)**

**Week 6**

**Monday**

Raspberries & **yoghurt “pips” (frozen Greek yoghurt)**

**Tuesday**

**Breadsticks & cream cheese**

**Wednesday**

Peach & kiwi

**Thursday**

**Tuna & wholemeal pitta**

**Friday**

Satsuma & apple

**Week 8**

**Monday**

**W/G crackerbread & marmite**

**Tuesday**

Pepper & **cheese sticks**

**Wednesday**

Ham & **wholemeal bread**

**Thursday**

Banana & satsuma

**Friday**

Watermelon & honeydew melon