



## What have we been up to ... ?

Through the book Each Peach Pear Plum we have been exploring the number 3 with Goldilocks and we made broomsticks while thinking about the wicked witch. The children have had a great time exploring size and capacity, as well as 'find me' games, looking for lost treasure (and lost sheep!) and throwing things into/at targets.

The Jacksnipes have been enjoying nursery rhymes with puppets and we've all been enjoying Autumn walks in the local community.

We are well and truly into Autumn/Winter weather now, so REMEMBER the children need appropriate layers and wet weather gear please. Also, all their belongings need to be named, this includes each glove, each indoor/outdoor shoe etc... It's very difficult pairing items when a lot of the children have the same things or are claiming everything they see or fancy 😊😊😊.

You may have noticed an email change for items sent from our management system. REMEMBER to add the address to your contact list, so you don't miss the emails in the future ...

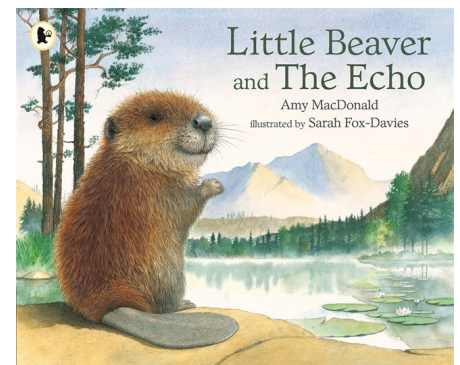
★ Diane@jackandjillchildcarefacilities.com

The best way to keep up with what's happening is to check your emails, follow us on [Facebook](#) and regularly check your child's account. Information is also posted on our [website](#) and there have been some recent policy updates, so remember to take a look.

**Don't forget - Monday 4th is an Inset Day!**

## What's up next ... ?

We will be looking at the book 'Little Beaver and The Echo' by Amy MacDonald. Exploring relationships and playing with sound and echoes.



We are thrilled to be able to continue to provide the children with activities from external sources; [Music Bus](#), [Kicks](#) and [Happily Ever After](#). The children always find these sessions exciting and stimulating and we are happy to be able to support other organisations.

## Helpful links

### [HEALTHY FOOD SWAP IDEAS](#)

[Horsham Wellbeing  
Hub.](#)

<https://www.mind.org.uk>

## DATES FOR YOUR DIARY ...

1st-7th Nov -

International Stress  
Awareness Week

5th Nov -

Bonfire Night

12th Nov -

Remembrance Sunday

20th Nov -

World Children's Day

## [Next Stay and Play](#)

9th November - at  
Littlehaven

16th November - at  
North Holmes

Support us this month by ...

# Jack & Jill Childcare



## Age Appropriate Self-Care (click link in the pics)

### HOW TO RAISE A HELPER

Household tasks for toddlers:

- ✓ ADD CLOTHES TO THE DRYER
- ✓ PUT NAPKINS ON THE TABLE
- ✓ GIVE FOOD & WATER TO PETS
- ✓ WIPE SURFACES & SPILLS WITH A SPONGE OR CLOTH
- ✓ CRACK EGGS & MIX INGREDIENTS
- ✓ WASH VEGETABLES
- ✓ HELP UNLOAD GROCERIES
- ✓ PUT AWAY CLOTHES & SHOES
- ✓ USE A HAND BROOM & DUSTPAN
- ✓ WATER PLANTS & ARRANGE FLOWERS
- ✓ POUR INGREDIENTS & CEREAL
- ✓ BRING DISHES TO SINK (AND WASH)

### HOW TO RAISE A HELPER

♡

- 1 SAY YES TO OFFERED HELP OR WHEN YOUR CHILD SHOWS INTEREST
- 2 BASE TASKS ON DAILY ROUTINES AND GIVE ONE MORE STEP
- 3 KEEP HELP PREDICTABLE WITH DAILY ROUTINES
- 4 MAKE A SIMPLE CHECKLIST TO SUPPORT INDEPENDENCE
- 5 OFFER A CHOICE BETWEEN TWO OPTIONS TO HELP
- 6 MAKE IT FUN!

## Encouraging conversation at home ...

“When you are sad, the Echo is sad,” said the wise old beaver.  
“When you are happy, the Echo is happy too”

... Little Beaver and the Echo by Amy MacDonald

### Discuss ...

What do you think this means? What does it mean for you?

### Activities ...

Find places to explore Echoes ... extend this by finding reflections (as these are essentially physical echoes).

Listen to sounds and point them out while your out and about.

[Communication and Speech Resource Library for families](#)

[Supporting Children’s Speech and Language development](#)

The staff at Jack and Jill wish you a wonderful month ahead!

**Donations ...** ‘Junk’ for the craft area.

**Please remember -**  
Indoor shoes should be brought to every session!

All children need a spare set of clothes in their bags.

**WATER ONLY** in the children’s drink bottles please.

**For a wonderful resource for conversation starters with children around the topic of ‘different types of relationships’**  
[click here.](#)

**Please remember -**  
*We go out in all weather!*

‘There’s no such thing as bad weather, just bad clothing choices!’

*Please ensure your children come with relevant attire.*